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| **Role profile:** | |
| **Role title:** Young Women’s Therapist (Volunteer Placement) | **Reports to**: Young Oasis Manager |
| **Team:** Young Oasis | **Salary:** Unpaid placement |
| **Hours**: 7.5 hours per week (To be worked on a Thursday or a Friday) | |
| **Contract type**: Fixed term placement for 12 months from start date | |
| **Purpose of the role**: The Volunteer Young Women’s Therapist will work young women (age 18-25 years) affected by early trauma. This will involve processing referrals; conducting assessments; delivering individual therapy to a small case-load of young women; liaising with other professional agencies; care planning and review. | |

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| Responsibilities: |
| * Deliver 1-1 therapy sessions and help young women affected by early trauma. * Relate to and interact with young people to include identifying young women’s relationship needs and developing and altering relationships to meet changing needs; * Support young women to access and use appropriate services and facilities; * Promote the rights of, interests and equality for young women and promoting young women’s confidence in the organisation; * Establish, sustain and end interactions with young women using appropriate telecommunications; * Promote choice, well-being and the protection of all young women * Support young women who are distressed by identifying which areas of their lives may be causing the distress and identifying ways of dealing with the distress; * Contribute to the prevention and management of abusive and aggressive behaviour, including reviewing any incidents that have occurred; * Contribute to the protection of young women from harm and abuse including taking action to safeguard young women at risk of abuse; * Recognise, report on and respond to factors or suspicions that may cause harm and abuse to young women; * Assess and act upon immediate risk of danger to the client including support for the young woman after immediate risk has passed; * Support young women to process childhood trauma in order to address issues they may be encountering now, including relationship problems; issues at college, university or in the workplace; social isolation * Enable young women affected by early trauma to explore and select options and to put these into practice; and empower young women in this situation to review the effectiveness of their selected options; * Work in collaboration with young women to identify their needs and preferences and to access resources, services and support groups and to review how well these meet their needs; * Educate young women affected by early trauma about issues such as about substance misuse, health and social well-being; * Facilitate group and collaborative learning. |
| Child and Adult Safeguarding   * Be committed to the safeguarding of children and adults affected by early trauma * Be familiar with best safeguarding practice and procedures, making awareness of documentation pathways at Oasis a priority and taking appropriate action as necessary * To keep up to date with training |
| Service commitment and accountability   * Be confident at undertaking own administration tasks related to therapy * Analysing, recording and sharing information to help make decisions; * Undertake research and analyse this data * Use information to help make critical decisions * Prepare reports for different audiences   Values and Ethos   * Demonstrate commitment to the vision and values of Oasis and understand how your own behaviour and actions impact this * Contribute to maintaining a culture of shared ownership and responsibility that supports Oasis in achieving its overall mission * Understand and commit to equality, diversity and inclusion best practice * Be aware of and commit to working in a way that is ‘trauma informed’ and recognise this approach as part of Oasis’ overall commitment to providing gender responsive services * Observe professional boundaries in relationships with service users, peers and other relevant professionals   Compliance   * Ensure that Oasis and its services are represented in a professional manner at all times * Meet agreed performance targets and outcomes * Use management information and data as appropriate * Comply at all times with health and safety regulations * Ensure risk assessments are completed as appropriate * Take personal responsibility for own safety * Comply with all relevant policy and procedure, standards and codes of conduct and meet with regulatory requirements * Comply with Oasis’ policy and procedure particularly confidentiality and data protection guidance * Use IT and databases to keep records up to date in line with agreed processes * Undertake any other reasonable duties as requested by the line manager   Communication and Relationships   * Ensure a collaborative approach is used, ensuring effective communication within a multi-disciplinary team to support young women * Contribute to the prevention and management of abusive, aggressive and challenging behaviour * Work as an effective member of the team * Promote effective communication for and about young women to include communication about difficult, complex and sensitive issues * Support young women to communicate * Participate in inter-disciplinary team working to support young women |
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| Problem Solving and analysis |
| * Develop and disseminate information and advice about health and social well being * Apply recognised theoretical models to enable individuals and groups to identify and explore concerns relating to their substance misuse * Contribute proactively to the principle of continuous improvement by making positive suggestions and constructive feedback and helping with the implementation of agreed new ways of working |
| Continuous Development |
| * Reflect on and develop your own practice * Monitor your own performance to ensure it meets expectations and agreed performance targets * Make use of supervision opportunities, ensuring there is two-way dialogue * Participate in training and other development opportunities * Contribute to the development and knowledge of others by sharing your experience and skills * Committed to continuous professional development as required by UKCP, HPC |

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| **PERSON SPECIFICATION** | **Essential or Desirable** |
| A relevant diploma or similar qualification in psychotherapy at Masters degree level or working towards | Essential |
| Registration with appropriate professional body e.g. UKCP, BACP, HPC | Essential |
| Minimum of 1 years’ experience of working with young people | Desirable |
| Knowledge of issues facing young women who have experienced early trauma | Essential |
| Knowledge and experience of safeguarding procedures and responsibilities, confidentiality procedures and data protection guidelines | Essential |
| Proven verbal and written communication skills with excellent IT skills and database inputting | Essential |
| Experience of working in partnership with other agencies | Desirable |
| Ability to work effectively as part of a team as well as on own initiative | Essential |
| Resilient attitude and ability to work in a way that is reflective, adaptable and non-judgmental and adheres to professional boundaries at all times | Essential |
| Experience of managing a caseload of clients in line with agreed processes | Desirable |

The post is subject to the satisfactory completion of a Disclosure and Barring Service (DBS - formally CRB) check at an enhanced level. This job description accurately reflects the present position; it may be reviewed and amended but only after a proper period of consultation.